## WORKPLACE ROUNDERS

Bring fun back to work





# **Reconnect** through rounders and bring **fun** back to work because everyone loves rounders!

Let employees **relax**, **destress** and show off their competitive streak! Rounders is the easiest sport to access, so will suit all of your employees needs, fitness levels and abilities, where everyone can be involved.



### WHAT YOU'LL NEED TO GET STARTED:

#### Somewhere to play

- Measurements/dimensions and how to mark out a pitch can be found <u>HERE</u>.
- Make sure the area you have is safe so that members of the public won't get in the way.
- A local park, leisure centre and community playing field are all suitable

#### **Equipment**

 Bats, balls, posts and bases. We would recommend tennis balls for workplace rounders. Equipment can be bought direct from the Rounders England online <u>SHOP</u>.



Our simplified rules can be found <u>HERE</u>.

Rounders England offers various courses to help grow your rounders knowledge, such as:

- <u>eLearning Introduction to Rounders</u>
- Activator Course
- Foundation Coach
- Preliminary Umpire Course

These courses can all be organised through Rounders England. Email <a href="workforce@roundersengland.co.uk">workforce@roundersengland.co.uk</a> for more information.



#### Rounders England Membership/Affiliation

#### **General Competition Rules**

We would love to support you in setting up your workplace rounders league or tournament. You can email enquiries @roundersengland.co.uk for lots more information, resources and goodies!

Rounders England offers membership from as little as £4 per person\* for 6 months or £7 per person for 12 months\*. More about the benefits of Rounders England Membership can be found <u>HERE</u>.

- Think about what format you want to play.
- Do you want a league and/or a knockout phase?
- Make sure you have enough umpires for the games
- What time do you have to play the games? You could either do a time limit for games or a limited number of good balls. Two innings each of 18 good balls will take approximately 30 minutes to play.
- Make sure you set rules for your league so that everyone is aware of the format/points scored for a draw or win and if rounders scored will make a difference.
- It might be an idea to have a small group of people to organise the fixtures and results to let everyone that takes part know what's happening.

<sup>\*</sup> based on 20 people per team /club membership