





One rule which must be enforced in all Walking Rounders sessions is to ensure that everyone is WALKING:

"A player, when walking around the track or fielding a ball, must have at least part of one foot in contact with the ground at all times."

(Jumping is permitted to catch a ball)

The penalty for not complying is 1 point or ½ rounder deduction (depending on scoring option) for your team, whether you are batting or fielding.

	Each team will have 9 players (recommended, but can be played with more or less players). Each game will be played between 2								
The Game	teams, with 1 team batting first and 1 team fielding first. Every Batter will get 3 turns to bat. Then the teams will swap over.								
	Balls: Indoor ball / tennis ball / Appropriate ball based on your group of players (large/small/ soft/hard options)								
EQUIPMENT	Bats: Rounders bat / Flat bats / Batting Tee (if required)								
REQUIRED	4 Posts & Bases: Or other pieces of equipment suitable for marking the position of posts								
	Markers / Lining Tape / Spray: To define the walking track / playing area								
The Dist	Use the diagram and dimensions to mark out the walking track / playing area.								
The Pitch	The pitch can either be based on the standard outdoor pitch dimensions or a smaller pitch (3/4 standard size) if required.								
	Ideally the game will be played with a Bowler. However, a batting tee can be introduced to increase striking accuracy and confidence								
	When bowling, the Bowler needs to ensure both feet are in the Bowling square at all times.								
Bowling	The Bowler must bowl under arm, aiming for the Backstop's hands as a target.								
Bowing	The ball must reach the Batter between the head and knee on the side the bat is held, to be considered a 'good ball'.								
	After every 3 good balls, the Fielding team must rotate positions, with a new Bowler introduced (Bowler to Backstop, clockwise fielding positions)								
	After every 3 good balls, the Fielding team must rotate positions, with a new Bowler introduced.								
	We suggest the following fielding positions (*fielding placement examples below):								
Changing	1 x Bowler								
Positions	1 x Backstop								
	7 x mid/deep Fielders (spread behind posts 1-4, approx. 3 metres back)								
	No fielder on 1st Post (this is to support Batter scoring success, especially if playing to points)								



	When batting, Batters must keep their feet withi	n the batting square.								
	The aim for each Batter is to strike the ball, then	walk as far as they can around the outside of the 5 posts, carrying the bat								
	The ball must be hit forward. If it lands in the backward area, the Batter can only go to 1st Post until the ball is brought forward onto the pitch again:									
	If a Batter is caught out or stumped, the Batter will re-join the batting queue for their next turn.									
Batting	Waiting Batters at a post must keep contact with the post (with bat or hand) until the ball has left the Bowlers hands									
	Batters must touch 4 th Post on return									
	Batters can use 1 or 2 hands to hold the bat									
	Waiting Batters at a Post: If there are Batters on a ball, when bowling to the live batter.	a Post from a previous turn, they are able to walk on when the bowler releases the								
	Fielders should:									
	Catch the ball that has been hit without a bour	nce - <mark>Batter caught out</mark>								
	Throw the ball to the Fielder who touches the post <i>immediately ahead</i> of the Batter before they get there - Batter stumped out									
Fielding	On their final attempt, if the Batter hits the ball and it lands in the backward area, they cannot go past 1st Post until the ball has been returned to the forward area.									
	A live Batter's turn has finished when the Fielding team has returned the ball to the Bowler, in the bowling square, ready for the next Batter.									
	Batters can be put out in the usual way* and the be deducted from their team score.	ey are allowed to return to the batting line to bat again. If a player is out, a point will								
	*OUT WHEN									
	• Caught	If ordered to make and maintain contact with the post and refuse to do so								
Out	• Side Out	 Foot over front/back line of batting square before hitting or missing a ball 								
	Walking inside post (unless obstructed)	When the bowler has the ball and is in the square (except on an over run)								
	The post you are walking to is stumped	During the bowlers action but before they release the ball								
	You overtake another batter on the trackYou lose contact with the post	You obstruct (you have right of way on track only)Deliberately throw or drop bat								
	100 lose confact will the post	Deliberately fillow of drop bar								



Option 1 (higher scoring opportunities – encouraging batter success)

Live Batters:

When the ball is hit:

1 point for reaching each post (1st, 2nd, 3rd)

5 points for reaching & touching 4th Post

When the ball is not hit:

½ point for reaching each post

Batting Team

½ point deducted if:

- Caught out
- Stumped out

Scoring

Option 2 (more like the scoring in the traditional rounders game)

Live Batters:

When the ball is hit:

½ rounder scored if the Batter reaches 2nd or 3rd Post on their turn without being put out.

1 rounder scored if the Batter reaches and touches 4th Post on their turn without being put out.

When the ball is not hit:

½ rounder scored if the Batter reaches and touches 4th Post on their turn without being put out.

Batting Team

½ rounder deducted if:

- Caught out
- Stumped out

The possibility of deductions will motivate Batters to make a judgment on risk while making the game more engaging to stay in a positive score.

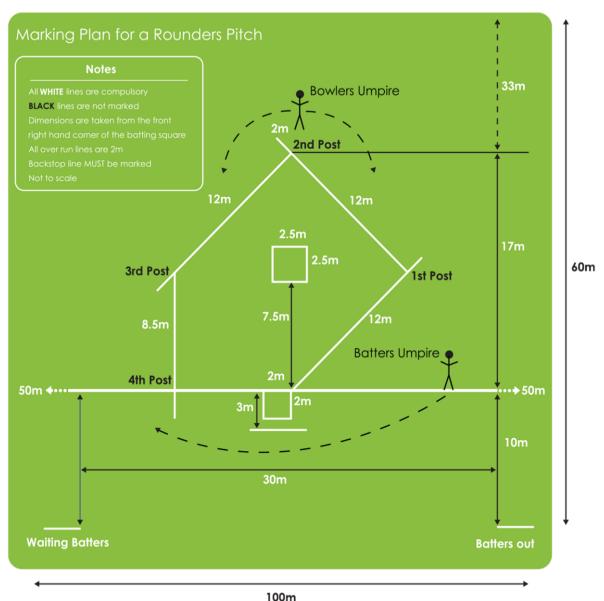


PITCH DIMENSIONS

The area required is approximately 100m x 60m. These measurements are a guide only and can be modified indoors or outdoors, to suit the playing space.

Developments

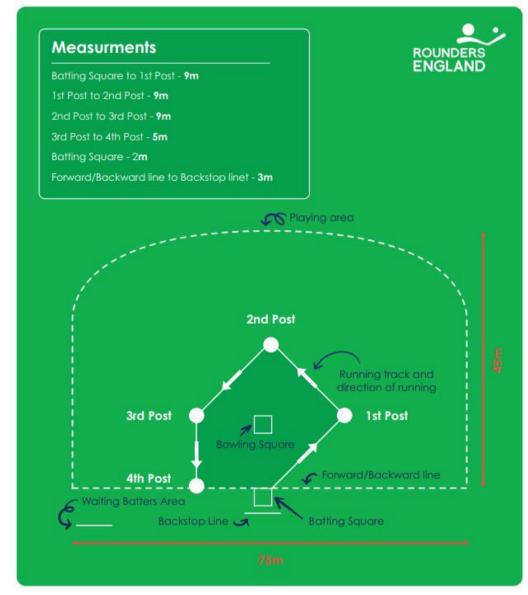
- Use larger balls or flat bats and tennis rackets to increase the likelihood of striking the ball.
- Offer a range of different bats and balls so players can choose their preference depending on success rates.
- Consider the playing surface for inclusion purposes.





SMALLER PITCH DIMENSIONS

The area required is approximately 75m x 45m. These measurements are a guide only and can be modified indoors or outdoors, to suit the playing space.





FIELDING PLACEMENTS

The area required is approximately 75m x 45m. These measurements are a guide only and can be modified indoors or outdoors, to suit the playing space.

Fielding start positions for tactics when hitting into specific areas

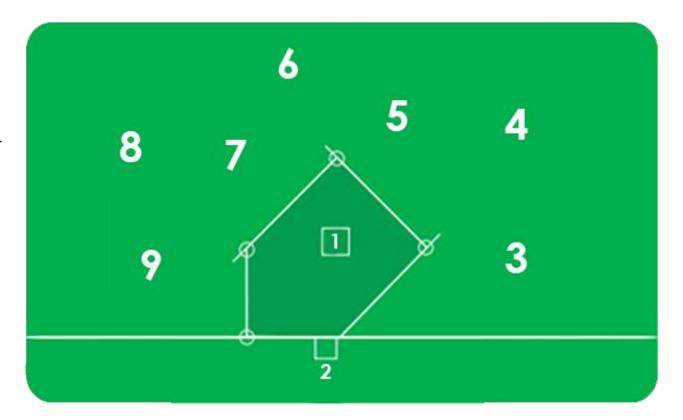
• Rotate positions so everyone experiences deep and close fielding

Bowler (1) moves to Backstop (2)

Backstop (2) moves to Fielder (3)

Fielder (3) moves to Fielder (4) and so on

Fielder (9) moves to Bowler (1)



VARIATIONS



Fielding:

3 teams

2 x fielding, 1 x batting then rotate

Beat the ball

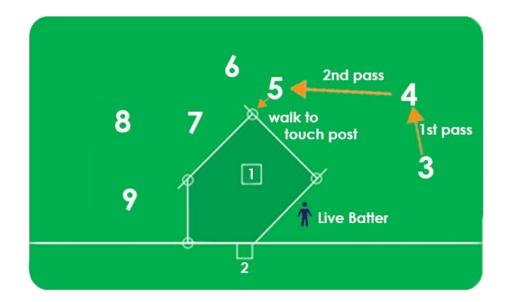
ball to be passed around each post as the batter is walking

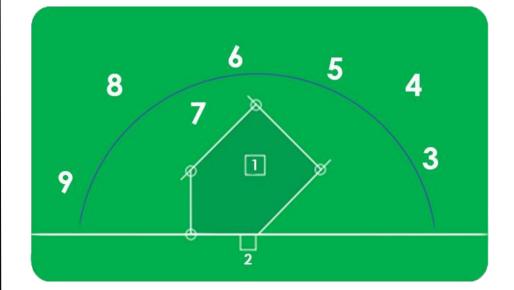
2 throws

ball must be passed at least twice before touching a post

Power Play scenarios

cone off area (2m outside the posts) and only 3 fielders within pitch area, everyone else outside cones







SCORESHEETS



STANDARD SCORESHEET

Scoring:

Live Batters

- When the ball is hit $\frac{1}{2}$ rounder for reaching and touching 2nd or 3rd Post.
 - 1 rounder for reaching and touching 4th Post.
- When the ball is not hit $\frac{1}{2}$ rounder for reaching and touching 4th Post.

Fie	lders	

- ½ rounder for every Batter stumped/caught out.

TEAM 1 PLAYER NAME	HIT SCORE ½ rounder – 2nd/3rd Post 1 rounder for reaching 4th Post			N ½ rounc	OUT ½ rounder		
	1st Turn	2 nd Turn	3 rd Turn	1st Turn	2 nd Turn	3 rd Turn	deducted per turn
TOTALS							

WALKING PENALTY ½ rounder deducted



STANDARD SCORESHEET

TEAM 2 PLAYER NAME	HIT SCORE ½ rounder – 2nd/3rd Post 1 rounder for reaching 4th Post			NON-HIT SCORE 1/2 rounder for reaching 4th post			OUT ½ rounder
	1st Turn	2 nd Turn	3 rd Turn	1st Turn	2 nd Turn	3 rd Turn	deducted per turn
	_						
OTALS							

ALKING PENALTY rounder deducted	
	_

OVERALL SCORE	BATTING SCORE	FIELDING SCORE	TOTAL
Team 1			
Team 2			



POINTS SCORESHEET

Scoring:

Live Batters Fielders

- When the ball is hit 1 point per post reached if the Batter is not put out.
- When the ball is not hit $\frac{1}{2}$ point per post reached if the Batter is not put out.
- When the Batter gets all the way round on their hit 5 points.

- ½ point for every	/ Batter stu	ımped/cau	aht out.

TEAM 1 PLAYER NAME	HIT SCORE 1 point per post 5 points for round fully			N	OUT ½ point deducted		
	1st Turn	2 nd Turn	3 rd Turn	1st Turn	2 nd Turn	3 rd Turn	per turn
TOTALS							

WALKING PENALTY 1 point deducted



POINTS SCORESHEET

TEAM 2 PLAYER NAME	HIT SCORE 1 point per post 5 points for round fully			NON-HIT SCORE 1/2 point per post			OUT ½ point per turn	
	1st Turn	2 nd Turn	3 rd Turn	1st Turn	2 nd Turn	3 rd Turn		
TOTALS								

W	WALKING PENALTY 1 point deducted				

OVERALL SCORE	BATTING SCORE	FIELDING SCORE	TOTAL
Team 1			
Team 2			